BRINDISHE SPRING/SUMMER 2025	MANOR P	RIMARY SCH	NO ADDED SUGAR WEDNESDAY			FOOD EFFE Soil Association
WEEK 24/02, 17/03, 21/04, 12/05,	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.	
09/06, 30/06, 21/07 Option 1	Cheese and Tomato Pizza with Potato Wedges	Chicken Puff Pie with New Potatoes	Roast Chicken with Roast Potatoes and Gravy	Mild Spicy Beef with Rice	Fish Fingers with Chips and Tomato Ketchup	
Option 2 v Vegetarian	Pasta with Tomato and Basil Sauce (Ve)	Macaroni Cheese	Vegan Sausage Roll with Roast Potatoes (Ve)	Chickpea Jambalaya (Ve)	Vegetable Nuggets with Chips and Tomato Ketchup (Ve)	
Option 3	Jacket Potato with a Choice of Fillings	Tuna Mayonnaise Sandwich	Spicy Tomato Pasta (Ve)	Cheese Sandwich	Jacket Potato with a Choice of Fillings	
Vegetables	Carrots Green Beans	Peas Sweetcorn	Green Beans Carrots	' Sweetcorn Broccoli	Baked Beans Garden Peas	
Dessert	Chocolate Oaty Bake (Ve)	Apple Crumble Slice (Ve)	Fruit Salad (Ve)	Banana Cake and Custard	Strawberry Ice Cream	
WEEK 2 03/03, 24/03, 28/04,	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.	
19/05, 16/06, 07/07 Option 1	Quorn Hot Dog with Potato Wedges (Ve)	Beef Lasagne	Chicken Sausage with Mashed Potato and Gravy	Chicken Korma with Rice	Breaded Fish with Chips and Tomato Ketchup	RA
Option 2 v Vegetarian	Vegetable Frittata with Potato Wedges	Vegetarian Lasagne	Cheese Pasty with New Potatoes	Veggie Stir Fry with Rice (Ve)	Cheese and Tomato Wheel with Chips and Tomato Ketchup Ø	
Option 3	Jacket Potato with a Choice of Fillings	Tuna Mayonnaise Sandwich	Pasta with Pesto Sauce (Ve)	Cheese Sandwich	Jacket Potato with a Choice of Fillings	N.
Vegetables	Carrots Sweetcorn	Peas Cauliflower	Steamed Cabbage Carrots	Green Beans	Baked Beans Garden Peas	1
Dessert	Pineapple Upside Down Cake and Custard	Chocolate Brownie	Fruit Salad (Ve)	Hob Nob with Apple Slices (Ve)	Iced Sponge	
WEEK 3	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.	
10/03, 31/03, 05/05, 02/06, 23/06, 14/07 Option 1	Cheese and Tomato Pizza with Potato Wedges	Beef Bolognaise with Spaghetti	Roast Turkey with Roast Potatoes and Gravy	Chicken Meatballs in Tomato Sauce with Wholemeal Pitta	Fish Fingers or Salmon Fingers with Chips and Tomato Ketchup	
Option 2 v Vegetarian	Sweet Potato and Lentil Curry with Rice (Ve)	Vegetarian Bolognaise with Spaghetti (Ve) ♡	Roast Quorn with Roast Potatoes and Gravy	Falafel with Wholemeal Pitta and Mango Chutney	Quorn Dippers with Chips and Tomato Ketchup (Ve)	R
Option 3	Jacket Potato with a Choice of Fillings	Tuna Mayonnaise Sandwich	Pasta with Tomato Sauce and Grated Cheese	Cheese Sandwich	Jacket Potato with a Choice of Fillings	SUGAR SHERIFF
Vegetables	Sweetcorn Peas	Carrots Green Beans	Broccoli Sweetcorn	Carrots Green Beans	Baked Beans Garden Peas	
Dessert	Chocolate Cake with Mandarins	Lemon Drop Cookie	Fruit Salad (Ve)	Fruit Crumble (Ve) and Custard	Ice Cream and Toffee Sauce	100
radis		D BREAD, SALAD BAR, FRES	H FRUIT, YOGHURT AND H	ERBY'S BISCUIT AVAILABLE	THIS MENU SUPPORTS: DAILY	CERTIFIED SUSTAINABLE SEAFOOD MSC WWW.msc.org

radish IT'S ALL GOOD

FRESHLY BAKED BREAD, SALAD BAR, FRESH FRUIT, YOGHURT AND HERBY'S BISCUIT AVAILABLE DAILY WE ALWAYS MEET THE GOVERNMENT FOOD BASED STANDARD FOR SCHOOL LUNCHES. ALL OF OUR MEALS ARE FRESHLY PREPARED ON SITE BY OUR TEAM TO ENSURE THERE ARE NO UNDESIRABLE ADDITIVES. MANY OF OUR DISHES CONTAIN HIDDEN VEGETABLES TO INCREASE VEGETABLE INTAKE. WE ARE CONTINUOUSLY WORKING TO REDUCE THE AMOUNT OF REFINED SUGAR IN OUR MENUS.

