



# Brindishe Federation

## Newsletter

Friday 5th July 2024

Family Thrive

# Holiday and Food Programme

HAF supports children and families on benefit-related free school meals by offering free activities and healthy food for the holidays. Parents of eligible children will receive a voucher code for each child, with which they can book onto a provision of their choice.

**Please find attached to this newsletter a timetable detailing the events occurring from next month.** If you are interested families but are not on benefit-related free school meals or who cannot locate their code, please email the HAF team at [HAFProgramme@lewisham.gov.uk](mailto:HAFProgramme@lewisham.gov.uk).

## Weekly Online Safety Bulletin - Skibidi Sigma

We wanted to draw your attention to a recent online safety issue that was brought to our attention by a Brindishe Green parent. You may hear your child talking about a new character in a skibidi toilet youtube video called 'Skibidi Sigma'.

The term skibidi references to 'Sigma' male behaviour and our understanding of the term is that it is used among online 'manosphere' groups and influencers (in particular on TikTok) to describe a 'lone wolf' type male who dominates and manipulates others for personal gain, obsesses about one's physical appearance, and may also exhibit misogynistic and anti-feminist views.



We thought this would be important to flag to all parents/carers who may or may not have not come across it yet. All Brindishe Schools will as always monitor the use of current slang terms in school and address any issues when and where needed.

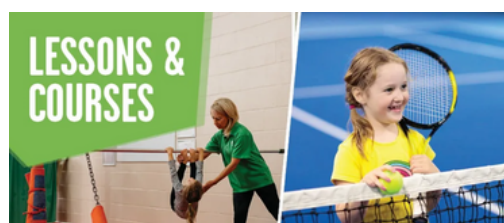
If you do have any online safety concerns or are privy to any up-coming concerns that we do not know about, please let a member of the senior leadership team know so we can pre-empt any issues in school and address them correctly following our safeguarding policy.

## LESSONS & COURSES FOR KIDS

Give your child the best start in life by enrolling in a lesson or course at Better. Not only will they have fun and meet new friends, it will also boost their self-esteem, communication and improve those all-important life and movement skills.

Led by a team of fully qualified staff, your little ones will learn a range of new skills in a positive and friendly environment. You'll find a range of lessons and courses on offer, including their extensive [gymnastics](#) programme and award-winning [swim school](#).

**Enter code SUMMER50 at checkout to claim 50% off your first payment before 31st July 2024.**  
**Join today at [better.org.uk/lessons](https://better.org.uk/lessons)**



# Right Respecting

As the term ends for Brindishe School, we felt this was a good time to focus on safety in the holiday.

**Article 11 (abduction and non-return of children)** Governments must do everything they can to stop children being taken out of their own country illegally by their parents or other relatives or being prevented from returning home.

**Article 36 (other forms of exploitation)** Governments must protect children from all other forms of exploitation, for example the exploitation of children for political activities, by the media or for medical research.

Most children never experience abduction or other forms of exploitation, but it does happen and that's why these articles are included in the CRC.

## ***What should adults do to protect children and keep them safe? What should parents/carers be aware of over the summer holidays?***

- Make sure your child is being looked after by someone responsible. If you are going out, make sure they know where you are going and who you are going with.
- Make sure that your child has someone to talk to if you feel unsafe and that you know this is always a top priority.
- Encourage your child to say no if you are in a situation where they feel uncomfortable.
- Use safe settings on wifi and devices and discuss this with your child.
- Provide safety equipment for activities such as cycling and skateboarding.
- Ensure that places such as schools have security gates/locks.
- Provide a sign in system for school visitors.

To stay safe, it is important that we all learn to say no when we are not comfortable with something. Read or watch [No Means No!](#) by Jayneen Sanders together with your child at home and discuss having the confidence to say no when something doesn't feel right.



## Summer Plays at The Globe

The Globe is hosting some play workshops this summer. The Macbeth Workshop is for children aged 5 – 8 and their families and another for children from 9-12 and their families.

You'll visit one of the Globes rehearsal rooms to take part in an interactive workshop for the whole family. Using a range of activities and games designed to draw out elements of the play's language, characters and themes, you will tease out fresh ideas and inspiration. Workshops will be led by one of the Globe's highly experienced practitioners who include actors, teachers and directors.



<https://www.shakespearesglobe.com/whats-on/macbeth-family-workshop-5-8-years/>  
<https://www.shakespearesglobe.com/whats-on/macbeth-family-workshop-9-12-years/>

# Key Federation Dates

- End of Term - **Thursday 25th July 2024**
- **Children return to school - Wednesday 4th September**

## Governing Body

If you would like to attend a Brindishe Federation Governing Body meeting, please email our Chair of Governors, Liz Murphy - [lmurphy@brindisheschools.org](mailto:lmurphy@brindisheschools.org). Our last meeting of this academic year is on ***Tuesday 16th July at 6pm at Brindishe Lee School.***

<b>Provider and Activities</b>	<b>Age Range</b>	<b>Days, Dates and Hours</b>	<b>Venue</b>	<b>Ward</b>
<b>BELLINGHAM</b>				
<p><b>Lewisham Music</b></p> <p>Come along to explore the world of radio and music. This creative project will teach you how to create your own radio shows, make music all whilst having fun and making new friends. You will be supported by our friendly team of professionals working within music and radio.</p>		<p>Mon - Thurs</p> <p>29 Jul - 22 Aug</p> <p>11am - 3pm</p>	<p>1st Floor The Fellowship Inn, Randlesdown Road, SE6 3BT</p>	Bellingham
<p><b>Genius Tuition</b></p> <p>Arts and crafts, fun team games, multi-sports activities, films, classroom and playground games</p>	8 - 13	<p>Tues - Fri</p> <p>6 Aug - 30 Aug</p> <p>12pm - 4pm</p>	<p>Athelney Primary School, Athelney St, London SE6 3LD</p>	Bellingham
<p><b>FD Sports</b></p> <p>Holiday football training programme with technical drills, games and penalty shootouts, end of week tournament</p>		<p>Mon - Thurs</p> <p>29 Jul - 22 Aug</p> <p>10am - 2pm</p>	<p>Bellingham Leisure Centre, 5 Randlesdown Road, London, SE6 3BT</p>	Bellingham
<p><b>Youth First Bellingham</b></p> <p>Table tennis, cooking, arts &amp; crafts, gaming, pool, IT, computer sessions, football and a number of other sporting activities</p>	8 - 16	<p>Tues - Fri</p> <p>30 Jul - 23 Aug</p> <p>11am - 3pm</p>	<p>185 Brookehowse Rd, London SE6 3TT</p>	Bellingham
<b>BLACKHEATH</b>				
<p><b>Superkids Club</b></p> <p>Obstacle courses and fun team games, physical activities and themed weeks, laser tag, arts and crafts, water games</p>	4 - 11	<p>Mon - Thurs</p> <p>29 Jul - 22 Aug</p> <p>9am - 1pm</p>	<p>John Ball Primary School, Southvale Road, Blackheath, London, SE3 0TP</p>	Blackheath

<p><b>For Kids Co. Out of School Club</b></p> <p>Old school sports day games such as sack races, 3 legged races, assault courses, water limbo and sponge dodgeball with prizes for all. Creative arts and crafts, and take and make food parcels</p>	4 - 10	<p>Tues - Fri</p> <p>30 Jul - 23 Aug</p> <p>2pm - 6pm</p>	<p>Kingswood Halls, Kingswood Place, London SE13 5BU</p>	Blackheath
<b>BROCKLEY</b>				
<p><b>Empowr CIC</b></p> <p>Rollerskating club with skate coaching, mini skate lessons, balance and control exercises, skate trip</p>		<p>Tues - Fri</p> <p>30 Jul - 23 Aug</p> <p>1pm - 5pm</p>	<p>Honor Oak Community Centre, 50 Turnham Rd, London SE4 2JD</p>	Brockley
<p><b>Undeniable</b></p> <p>Embark on a cinematic journey with our innovative Film/Music Project, designed to empower young individuals with the essential skills of filming/music and editing. This immersive experience focuses on cultivating the art of storytelling through the lens of a short documentary, specifically highlighting the vibrant and diverse creative landscape of the Lewisham borough.</p>	13 - 16	<p>Mon - Thurs</p> <p>29 Jul - 22 Aug</p> <p>10am - 2pm</p>	<p>Undeniable Studios, 2A Brockley Cross, SE4 1BE</p>	Brockley
<p><b>Arisekidz</b></p> <p>Arts and crafts, storytelling, jewellery making, nature walks, performing arts</p>	5 - 12	<p>Tues - Fri</p> <p>6 Aug - 30 Aug</p> <p>2pm - 6pm</p>	<p>St John's Vale, London SE8 4EA</p>	Brockley
<p><b>Ballers Sports Coaching</b></p> <p>Football, basketball and dodgeball, fun team games and activities, Nerf blasters</p>		<p>Mon - Thurs</p> <p>29 Jul - 22 Aug</p> <p>10am - 2pm</p>	<p>Lucas Vale Primary School, Deptford, St Nicholas Street SE8 4QF</p>	Brockley

<b>St Andrews Centre</b>		Mon - Thurs	St Andrews Community Centre, Brockley Road, London SE4 2SA	Brockley
Arts and crafts - necklace and bracelet making, designing mugs, playdoh modelling	5 - 13	29 Jul - 22 Aug 10am - 2pm		
<b>CATFORD SOUTH</b>				
<b>Skipz Productions CIC</b>		Mon - Thurs	Torridon Primary School, Hazelbank Road, London,	Catford South
Performing arts, arts and crafts, painting, clay modelling, multicultural and health education, themed weeks	5 - 11	29 Jul - 22 Aug 10am - 2pm		
<b>CROFTON PARK</b>				
<b>Platform Cricket</b>		Mon - Thurs	Prendergast Ladywell, Manwood Road, SE4 1SA	Crofton Park
Team games, cricket coaching, fitness activities		29 Jul - 22 Aug 10am - 3pm		
<b>DEPTFORD</b>				
<b>ARC and You</b>		Mon - Thurs	The Library at Deptford Lounge 9 Giffin St, Deptford, London SE8 4RH	Deptford
Physical activities, exhilarating multi sports activities, creative crafts and thrilling trips	4 - 16	5 Aug - 30 Aug 2pm - 6pm		
<b>The Albany</b>		Mon - Thurs	The Albany, Douglas Way, London SE8 4AG	Deptford
Drama, food making, drawing, gardening, playing and working together in the Albany's beautiful theatre & garden		5 Aug - 30 Aug 10am - 2pm		
<b>Deptford Lionesses</b>		Mon - Thurs	Evelyn Community Centre, Deptford, SE8 5TQ	Deptford
Arts & crafts, football, T-shirt making, table tennis, cooking, computer games, films, pool, trips	6 - 14	29 Jul - 22 Aug 10am - 2pm		

<b>Youth First Woodpecker</b>		Tues - Fri	Woodpecker Youth Club, 20 Woodpecker Rd, London SE14 6EU	Deptford
Arts and crafts, table tennis, pool, cooking, IT, gaming and e-sports, football and other indoor and outdoor sports	8 - 16	30 Jul - 23 Aug 11am - 3pm		
<b>DOWNHAM</b>				
<b>Junior Adventures Group</b>		Tues - Fri	Downham Health & Leisure Centre, 7-9 Moorside Rd, Bromley BR1 5EW	Downham
Multi sports, team games and challenges, arts and crafts, experiments, wellbeing sessions, aqua activities, puzzles and quizzes	5 - 11	6 Aug - 30 Aug 10am - 2pm		
<b>Kids Vogue Stars (SEND ONLY)</b>		Mon - Thurs	New Woodlands School, Shroffold Road, Bromley BR1 5PD	Downham
Sports games, arts and crafts, lego, sharing games, cooking activities, dancing, toys and lots of fun	4 - 14	29 Jul - 22 Aug 9am - 1pm		
<b>Legends Learning Centre</b>		Mon - Thurs	Haberdasher Knights Academy, Launcelot Road BR1 5EB	Downham
Multi sports, performing arts, arts and crafts, cooking classes, technology education, multicultural cuisine	8-16	29 Jul - 22 Aug 11am - 3pm		
<b>The Enrichment Hub</b>		Tues - Fri	Haberdasher Knights Academy, Launcelot Road BR1 5EB	Downham
Multi sports, arts and crafts, sculpting and painting, sensory activities		30 Jul - 23 Aug 10am - 2pm		
<b>EVELYN</b>				
<b>Pepys Community Forum</b>		Mon - Thurs	Pepys Community Hub partner, Deptford SE8 3BA	Evelyn
Enhancing learning and skills; fun and games; outdoor activities and walks; healthy hot meal and snacks.		29 Jul - 22 Aug 10:30am - 2:30pm		
<b>FOREST HILL</b>				

<b>Ballers Sports Coaching</b>		Mon - Thurs 29 Jul - 22 Aug 10am - 2pm	Dartmouth Rd, London SE26 4RD	Forest Hill
<b>Giggles Childcare Services</b>		Mon - Thurs 29 Jul - 22 Aug 10am - 2pm	The Grove Centre, 2 Jews Walk, SE26 6LP	Forest Hill
<b>GROVE PARK</b>				
<b>Sporting Way</b>	8 - 15	Mon - Thurs 29 Jul - 22 Aug 10am - 2pm	Grove Park Youth Club, Marvels Lane, SE12 9PR	Grove Park
<b>Fit 4 Future Foundation</b>	4.5 - 11	Mon - Thurs 29 Jul - 22 Aug 10am - 2pm	Marvels Lane Primary School, Riddons Rd, London SE12 9RA	Grove Park
<b>Kids Vogue Stars</b>	4 - 11	Mon - Thurs 29 Jul - 22 Aug 9am - 1pm	The Ringway Centre, 268 Baring Rd, London SE12 0DS	Grove Park



<p><b>Omega Sportz</b></p> <p>Ball sports, science experiments, bouncy castle, gymnastics, dance workshop, animal workshops, water games, multi sports and games, arts and crafts, and a summer party</p>		<p>Mon - Thurs</p> <p>29 Jul - 22 Aug</p> <p>9am - 1pm</p>	<p>Baring Primary School, Linchmere Rd, London SE12 ONB</p>	<p>Grove Park</p>
<p><b>HITHER GREEN</b></p>				
<p><b>Down's Friendship and Creativity Group</b></p> <p>Arts and crafts, multi sports, zumba, museum and park trips, bowling, storytelling, music, cake decorating</p>	<p>6 - 16</p>	<p>Mon - Thurs</p> <p>5 Aug - 29 Aug</p> <p>10am - 2pm</p>	<p>Weeks 1, 2, 4 - Goldsmiths Community Centre, Castillon Rd, London SE6 1QD</p> <p>Week 3 - Ewart Rd Clubhouse, 44 Wastdale Rd, London SE23 1AR</p>	<p>Hither Green</p>
<p><b>Dynamic Coaching</b></p> <p>Multi sports, mixed games and team activities</p>	<p>5 - 15</p>	<p>Mon - Thurs</p> <p>29 Jul - 22 Aug</p> <p>10am - 2pm</p>	<p>Sandhurst Primary School, Minard Road, London SE6 1NW</p>	<p>Hither Green</p>
<p><b>Pro Touch</b></p> <p>Multi sports, arts and crafts, off-site trips, board games, fun quizzes</p>	<p>7-14</p>	<p>Mon - Thurs</p> <p>29 Jul - 22 Aug</p> <p>10:30am - 2:30pm</p>	<p>Forster Park Primary School, Boundfield Road, London SE6 1PQ</p>	<p>Hither Green</p>
<p><b>Sports Fun 4 All</b></p> <p>Football coaching and team activities</p>	<p>7-14</p>	<p>Mon - Thurs</p> <p>29 Jul - 22 Aug</p> <p>10am - 2pm</p>	<p>Forster Memorial Park, SE6 1UA</p>	<p>Hither Green</p>
<p><b>The Community Empowerment Outreach</b></p> <p>Multi sports, educational trips, creative arts, cooking and technology workshops</p>	<p>8 -16</p>	<p>Mon - Thurs</p> <p>29 Jul - 22 Aug</p> <p>11am - 3pm</p>	<p>Goldsmiths Community Centre, Castillon Rd, London SE6 1QD</p>	<p>Hither Green</p>
<p><b>LADYWELL</b></p>				

<b>London Youth Events</b> Fun activities, including sports, creative arts, bouncy castles and team games		Tues - Fri 6 Aug - 30 Aug 10:30am - 3:30pm	Prendergast Girls School, Adelaide Avenue, London SE4 1LE	Ladywell
<b>OurParks</b> Sports, arts and crafts, water games, themed days, team competitions and camp battles	5 - 11	Mon - Thurs 29 Jul - 22 Aug 10am - 2pm	St Marys Lewisham C of E, 329 Lewisham High St, London SE13 6NX	Ladywell
<b>LEE GREEN</b>				
<b>Curly Riot</b> Arts and crafts, fashion, educational trips, fine arts and painting, wellbeing and affirmation exercises, comic drawing and storytelling	7 - 16	Tues - Fri 30 Jul - 23 Aug 10am - 2pm	Manor House Library, 34 Old Rd, London SE13 5SY	Lee Green
<b>AFC Lewisham CIC</b> Football, basketball, volleyball and dodgeball, fun team games and activities		Mon - Thurs 29 Jul - 22 Aug 9am - 1pm	Gresham Athletic Sports Ground, Eltham Rd, SE12 8ES	Lee Green
<b>Power Mobile Gym</b> Multi sports and team games, exciting trips	11 - 16	Mon - Thurs 29 Jul - 22 Aug 10am - 2pm	Trinity CE School, Taunton Rd, London SE12 8PD	Lee Green
<b>NEW CROSS GATE</b>				
<b>London Thunder Basketball</b> Basketball summer camp with drills, teambuilding activities, physical exercise, skill building and cardio	8 - 16	Mon - Thurs 29 Jul - 22 Aug 10am - 2pm	Thunderdome Unit 2 Stockholm Rd SE16 3LP	New Cross Gate
<b>Excel Beyond Barriers</b> Multi sports, arts and crafts, performing arts, video games, cooking and life skills workshops, educational trips	4 - 16	Mon - Thurs 29 Jul - 22 Aug 10:30am - 2:30pm	SCORTNEY HALL, 17 SHARRATT HALL, SE15 1EY	New Cross Gate

<b>Millwall Community</b> Football, multi-sports and arts and crafts		Tues - Fri / 30 Jul - 2 Aug Mon - Thurs / 5 Aug - 22 Aug 10am - 2pm	Lewisham Lions Centre, Bolina Rd, London SE16 3LD	New Cross Gate
<b>Parent Skills2go</b> Parent and child activities, sports, games, crafts, music	4 - 11	Mon - Thurs 29 Jul - 22 Aug	The Lewington Community Centre Rotherhithe, SE16 2RU	New Cross Gate
<b>Treasured Kids</b> Football, basketball, boxing, art and craft, performing arts, jewellery making, baking, painting, water play, sand play, sports day and barbecue	4 - 16	Mon - Thurs 29 Jul - 22 Aug 10am - 2pm	All Saints Community Centre, 105 New Cross Rd, London SE14 5DJ	New Cross Gate
<b>RUSHEY GREEN</b>				
<b>Superkids Club</b> Obstacle courses and fun team games, physical activities and themed weeks, laser tag, arts and crafts, water games	4 - 11	Mon - Thurs 29 Jul - 22 Aug 9am - 1pm	Rushey Green Primary, Culverley Rd, London SE6 2LA	Rushey Green
<b>Deptford Lionesses</b> Arts & crafts, football, T-shirt making, table tennis, cooking, computer games, films, pool, trips	6 - 14	Mon - Thurs 29 Jul - 22 Aug 10am - 2pm	Y.O.U.R Centre, 28 Sangley Road, SE6 2JH	Rushey Green
<b>SYDENHAM</b>				
<b>Little Diamonds</b> Trampolining, multi sports, arts and crafts, video games, table games		Mon - Thurs 29 Jul - 22 Aug 10am - 2pm	Venner Road Hall, Venner Road, Sydenham, London SE26 5EQ	Sydenham
<b>Youth First TNG</b> Climbing wall, basketball, table tennis, cooking, baking, arts & crafts, graffiti, gaming, pool, IT and computer sessions, and football	8 - 16	Tues - Fri 30 Jul - 23 Aug 12pm - 4pm	111 Wells Park Rd, Sydenham, London SE26 6AD	Sydenham

<b>TELEGRAPH HILL</b>				
<b>Somerville Youth and Play</b> Adventure playground with swings, border swings, slides, football, basketball, roller skating, pool table, table tennis, and a number of offsite trips	8 - 15	Mon - Thurs 5 Aug - 30 Aug 11:30am - 5:30pm	The Somerville, 260 Queens Road, New Cross, London, SE14 5JN	Telegraph Hill
<b>Kender Primary School</b> Cooking, forest school, art, yoga, games, free play		Mon - Fri 29 Jul - 9 Aug 11am - 3pm	Kender Primary School, Kender St, London SE14 5JA	Telegraph Hill
<b>TBC</b>				
<b>UK Latin Community</b>	5 - 14	Mon - Thurs 29 Jul - 22 Aug	CONTACT PROVIDER info@uklatincommunity.org	CONTACT PROVIDER info@uklatincommunity.org
<b>England Athletics</b> Funetics (Fun Athletics) running, jumping, throwing, fun activities and games. Multi-sports and team building games, with a sports day style competition at the end. Creative arts and crafts including papier mache, painting, and popsicle stick building	4 - 11	Tues - Fri 30 Jul - 2 Aug 10am - 2pm	TBC	TBC