



Brindishe Federation Newsletter Friday 13th September 2024

Rachel Waite, Executive Headteacher

Welcome back to all our Brindishe families. The holidays are now a distant past and the classrooms and corridors are buzzing with children beginning the new year, 2024-2025. As with any new year, we have been revisiting our vision and values and reminding ourselves of how we nurture a culture of mutual respect; how we celebrate our rich and diverse community that surrounds us; how we nurture inquisitiveness to become the best learners we can be and ensure we feel empowered to contribute to making a difference.

During the Staff INSET days, we were lucky enough to hear Lee Elliot Major talk about social mobility and social equity and took away many thoughts about our provision for our most vulnerable children at Brindishe Schools.

The new year is a good time to welcome our new children, families and staff to the Federation. All children and staff across the federation have settled back into school life and daily routines and already we have seen some fantastic learning. I would like also like to take this opportunity to welcome our new chair of Governors, John Myres. John has been on the Governor Body for many years, so has a wealth of knowledge and experience about the Brindishe Federation.

We are looking forward to an exciting year ahead and working closely with parents/carers.

Have a lovely weekend, Rachel Waite

Online Safety Bulletin

How much screentime does your child have?

Childnet have produced this blog, which includes how to help your child with managing their screen time:

<https://www.childnet.com/help-and-advice/screen-time-boundaries-parents/>

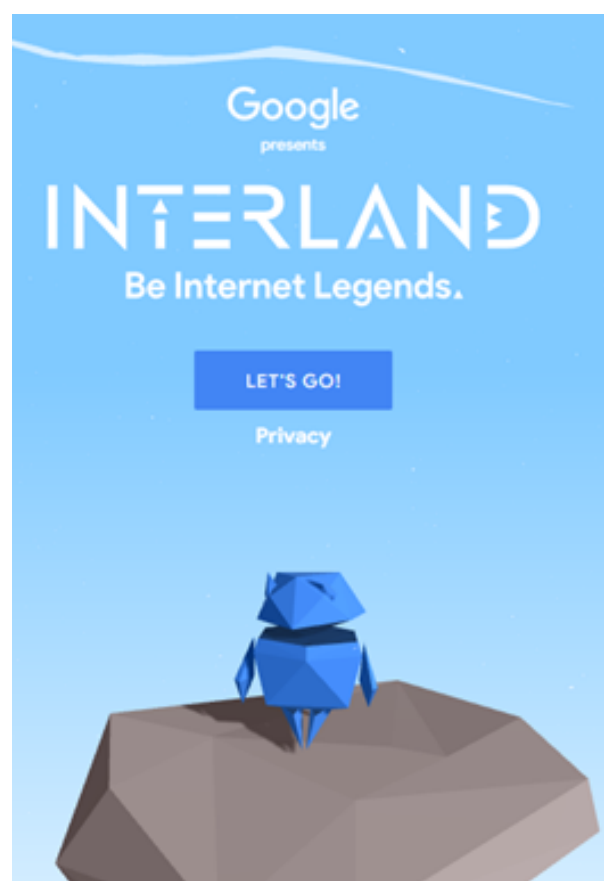
You may also be looking for activities to do with your child.

Google and Parent Zone have a great game called 'Be Internet Legends' by Google. It helps children feel safer and become more confident explorers of the online world. Be

Internet Legends is a free online safety education programme for UK schools. It teaches children the skills and behaviours to navigate their online lives – helping them learn to be Sharp, Alert, Secure, Kind and Brave.

You can access all the resources here:

https://beinternetawesome.withgoogle.com/en_uk/interland



Twitter / X

Brindishe Schools Twitter/X accounts are now up and running. This is a social media platform managed by the school senior leadership team and designed for all of our parents and carers to enjoy. Follow your school to see regular news items focusing on daily school life. We will share celebratory news as well as pictures and images of key events and learning. Find us below on X

@BrindisheGreen
@BrindisheManor
@BrindisheLee



Talking Teens

Talking Teens ~ is a free course for parents or carers of teenagers and pre-teens who are looking to better understand and communicate with their child. Talking Teens is a course that offers an opportunity to understand what's going on in the adolescent brain and how to understand your teens feelings and behaviours using an authoritative parenting style. Sessions will focus on relationships within the family, communication, negotiation, decision-making and strategies to reduce conflict.

Who would be eligible to attend this course?

- Parents and carers of pre-teens and teenagers who are currently in years 6 & 7 but there may be availability for years 5 & 8
- There is no physical or extremely challenging behaviour present in or outside of the family home. This course focuses on the importance of empathy and positive discipline
- Family must reside in Lewisham borough

The next course will be running on Tuesdays at Bellingham Family Hub on the following dates and times:

Tuesday 17th September 2024 – 10am-12pm
Tuesday 24th September 2024 – 10am-12pm
Tuesday 1st October 2024 – 10am-12pm
Tuesday 8th October 2024 – 10am-12pm

TALKING TEENS

All attendees are required to attend all 4 sessions. Address: Bellingham Family Hub, 109 Randlesdown Rd, London SE6 3HB

If you would be interested if Talking Teens, please speak to member of the Senior Leadership Team.

Governing Body

Governing Body meetings are regular and meet every half term. Parents/carers are more than welcome to attend our meetings as 'observers'. If you would like to know more about the governing body or you would like to attend one of our meetings, please email Rachel Waite - rawaite@brindisheschools.org.

Key Federation Dates

- **Shine Celebration** - Saturday 21st September
- **October Half Term** - Monday 28th October to Friday 1st November
- **INSET DAY** - Friday 29th November

TRINITY LABAN

September 2024

King Charles Court,
Old Royal Naval College,
Greenwich, London SE10 9JF
Tel: +44 (0)20 8305 4444

Laban Building,
Creekside,
London SE8 3DZ
Tel: +44 (0)20 8305 9400

contact@trinitylaban.ac.uk
trinitylaban.ac.uk

Dear Parent / Carer,

Special Invitation to join Subsidised Dance Classes at Trinity Laban

We'd like to offer your child a subsidised place to attend a regular dance class at Trinity Laban in Deptford. We train young people to become professional dancers and musicians as well as enable young people to dance for fun.

Your child is invited to join a dance class from the selection below:

Wednesdays Contemporary Dance for 8-11 Years: 17.30-18.45

A subsidised place costs:

£2 per session (£1 per session if you book a block) if you receive Universal Credit / Free School Meals.

or

£4 per session (£3.50 per session if you book a block), if you do not receive Universal Credit.

Saturdays Creative Dance Classes for 4-18 Years: classes between 09.00-14.30

Subsidised Saturday places are for families who receive Universal Credit / Free School Meals only.

£3 per session.

Classes take place Sept- July (term time) at the Laban Building, Creekside, Deptford SE8 3DZ.

More information about our classes can be found here:

<https://www.trinitylaban.ac.uk/take-part/>

Interested to try a class?

Your child can try a taster class before committing to further sessions.

If you are interested please email: youthprogramme@trinitylaban.ac.uk

Please be aware that should the class be full we will place you on a waiting list.

If you have any questions please get in touch.

Best wishes,

Colette McAskill

Project Manager, Children and Young People's Dance Team

youthprogramme@trinitylaban.ac.uk

020 8305 9365

Patron HRH The Duke of Kent KG Chair Alan Davey CBE Principal Professor Anthony Bowne

Trinity Laban Conservatoire of Music and Dance is a company limited by guarantee registered in England and Wales. Company no.: 51090. Registered Charity No.: 309998. King Charles Court, Old Royal Naval College, London SE10 9JF.



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SCAN ME



GREENWICH - TUESDAYS
Woolwich Poly Boys School

LEWISHAM - FRIDAYS
Jubilee Grounds, Catford

SUTTON - FRIDAYS
Cheam Common Junior Academy

SOUTHWARK - SATURDAYS
Various locations

BROMLEY - TBC
Coming soon

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